



2022 MEMBER NEWSLETTER - 3RD QUARTER

RENEW YOUR BSC MEMBERSHIP



Online membership registration via our website is being finalized!
Expect to receive an invitation for registration soon
please see page 3 for more information

CALENDAR



September 30th, 2022: 5th Belgian Scientific Stroke Workshop

<https://belgianstrokecouncil.be/prof-en/#workshop>

October 29th, 2022 World Stroke Day

<https://www.world-stroke.org/world-stroke-day-campaign/world-stroke-day>

November 26th, 2022: 21st BSC Scientific Symposium

<https://belgianstrokecouncil.be/congress-en/>

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IMPORTANT MESSAGE



! CRITICAL SHORTAGE OF ALTEPLASE SUPPLY !

We are experiencing a worldwide critical shortage of Alteplase (Actilyse®) due to a disruption of the supply chain at the producing company. The duration of this shortage is unclear. Local alteplase stock may further be impacted by a worldwide shortage in urokinase (Actosolv). The FAGG/AFMPS is closely monitoring the problem and has indicated that there is no medical alternative for the treatment of acute ischemic stroke. We advise all treating physicians to continue to adhere to the current guidelines. We will keep you updated should this advise change.

5TH BELGIAN SCIENTIFIC STROKE WORKSHOP

Abstract submission DEADLINE EXTENDED to July 31st 2022

The fifth edition of the Belgian Scientific Stroke Workshop will be hosted by the Marie Curie Hospital at Charleroi on September 30th 2022, from 1 to 6pm. The goal of the workshop is to give young stroke researchers a platform to share their research and network. Abstract submission is open and abstracts may be sent to belgianstrokeworkshop@gmail.com. We hope to welcome you there!

STROKE Save the date & Call for abstracts

5th Belgian Scientific Stroke Workshop

September 30th, 2022
13h00 - 18h00

Hôpital Civil Marie Curie,
Chaussée de Bruxelles, 140
6042 Lodewijkartsart

Goal

To give young (< 35yo) Belgian researchers the opportunity to present their fundamental, translational or clinical research in the field of cerebrovascular disease to a group of peers to promote networking and collaboration between research groups of Belgian universities.

Program

- ▶ 13:00-13:30: Welcome & registration
- ▶ 13:30-14:15: Keynote lecture
- ▶ 14:15-15:45: Abstract presentations
- ▶ 15:45-16:15: coffee break
- ▶ 16:15-17:15: Abstract presentations
- ▶ 17:15-17:30: Closure
- ▶ 17:30-18:30: Walking dinner and networking event

Abstract submission deadline

EXTENDED: JULY 31st

Abstracts will be presented by a 5-member expert jury.
Registration and abstract submission:
belgianstrokeworkshop@gmail.com

Logos: KU LEUVEN, UNIVERSITEIT GENT, University of Antwerp, UCLouvain, LEUVEN, LIÈGE, UNIVERSITÉ DE NAMUR, ISPPC CHU de Charleroi

WEBSITE/MEMBERSHIP UPDATE

Many of you have noticed some changes to the membership module of the website. We are currently in the process of implementing a membership module which allows online membership registration and payment.

Because we encountered delays receiving authorization for online payments, this module is not yet operational.

We expect the module to be online during the next month. As soon as online registration and payment is possible, you will receive an email invitation to renew your BSC membership for the year 2022.

As always, BSC membership grants you free access to the yearly Scientific Symposium, which will take place on November 26th at Leuven.

WALK FOR STROKE / WORLD STROKE DAY



October 29th is World Stroke Day. To focus on the impact of stroke and create more awareness, several hospitals plan to organize a free interactive walk. Using the free app "TOURtoDO", participants can navigate the interactive and educational parcours at a time and date of their choosing.

Participants may also enter a contest for a chance of winning fun prizes!

"Walk for stroke" will be available in September and October.

For more information and for free enrollment of your hospital to "walk for stroke" please contact anja.lorrez@azgroeninge.be or julie.derous@azsintjan.be.

CALL FOR ABSTRACTS



5th Belgian Stroke Scientific Stroke Workshop

Abstract submission deadline: **July 31st 2022**

<https://belgianstrokecouncil.be/prof-en/#workshop>

CALL FOR COLLABORATION

Intensive Stroke Rehabilitation - HABIT-ILE (UCL Namur)

Population: chronic (> 6 mo) stroke patients with hemiparesis affecting the hand / arm

Intervention: 50 hours of intensive therapy spread over 2 weeks

<https://uclouvain.be/en/research-institutes/ions/cosy/motor-skill-learning-and-intensive-neurorehabilitation-lab-msl-in.html>

Contact: camp.habit.ile@gmail.com

GUIDELINE UPDATE

ESO guideline on screening for subclinical atrial fibrillation after stroke or TIA of undetermined origin

<https://journals.sagepub.com/doi/pdf/10.1177/23969873221099478>

ESO guideline on management of unruptured intracranial aneurysms

<https://journals.sagepub.com/doi/pdf/10.1177/23969873221099736>

ESO guideline on pharmacological interventions for long-term secondary prevention after ischemic stroke or TIA

<https://journals.sagepub.com/doi/pdf/10.1177/23969873221100032>

ESO guideline on treatment of patients with intracranial atherosclerotic disease

<https://journals.sagepub.com/doi/pdf/10.1177/23969873221099715>

AHA Scientific statement on endovascular treatment and thrombolysis for acute ischemic stroke in patients with premorbid disability or dementia

<https://www.ahajournals.org/doi/epdf/10.1161/STR.000000000000406>

INTERVIEW WITH

MIEK GRYPDONCK *Current president of the Flemish patient board*

How did you get involved with the BSC?

At the age of 27, I suffered a stroke which left me with a left hemiplegia. In 1988, ten years after my stroke, I started "CVA Limburg" together with the "Limburgs platform voor zelfhulp- en ontmoetingsgroepen" (LPZO). In 2007, CVA Limburg together with several other self help and patient groups, was asked to become a member of the patient board of the Belgian Stroke Council, represented by a president and secretary.

In 2016, I applied for the vacant position of president and was elected in 2017. I have been the president ever since, and have represented Flemish Stroke patients together with the secretary.

I have however requested to resign my function as president, because of my age and increasing mobility issues. It's time someone younger takes over and represents the many stroke patients in need.

What is the importance of patient groups and the patient board?

Patient self-support groups revolve around contact with fellow patients, which makes you feel seen and heard and provides support for not only the patients, but the carers as well.

Furthermore, self-support groups make sure patients receive all necessary information regarding their condition and how to deal with the consequences.

At the moment, Flanders only has 4 affiliated self-support groups. Because some regions are completely devoid of self-support groups, we could really use motivated people that are willing to take up a leading role in their region.

The patient board represents affiliated self-support groups and is allowed a voice and vote within the administrative board of the BSC. After all, we are "experts by experience" and are confronted with the consequences of stroke on a daily basis. By representing patients, we can voice concerns and working points to the administrative board of the BSC, who meet on a monthly basis. Affiliated self-support groups also receive financial and in kind support by the BSC to organize or participate in activities, which really makes a difference to the patient groups and makes them feel supported.

What is expected of a president of the patient board?

The president should be a stroke patient, or have a close relationship with a stroke patient and be a strong communicator. She or he participates during the monthly meetings of the administrative board of the BSC, and is a bridge between the patient groups and the BSC. She or he should also collaborate closely with the secretary, so the workload can be shared. Most importantly, a president should be able to overcome their own problems and concerns, and be open to the broad array of problems stroke patients may be confronted with, to truly be a voice for all stroke patients.

How do you look back on your period as president of the Flemish patient board?

It has been an interesting and wholesome experience: as president of the patient board I have had the chance to meet many interesting people, as well as make the case for stronger patient participation and representation in current stroke networks. During my presidency, I have noticed that the patient board is seen as a strong and valuable partner by the BSC. However, it pains me to find that my physical condition in recent years has not allowed me to be as active as I would like.

The BSC would like to take the opportunity to **thank Miek for her leadership** as a representative of stroke patients in Flanders. We invite motivated stroke patients or caregivers who are interested in the role of patient board representative to contact the BSC via the website:

<https://belgianstrokecouncil.be/contact/>